



Blessed Sacrament Newsletter

PRINCIPAL'S MESSAGE

Dear BSCS Families,

What a fabulous October for Blessed Sacrament – a very memorable Cross Country Season, flag football invitational, very spirited walk-a-thon, great Halloween festivities, and we proudly cheered on our Blue Jays for their remarkable effort during their World Series journey! We thank you for your partnership and enthusiasm with all that happens to make Blessed Sacrament a great place for all.

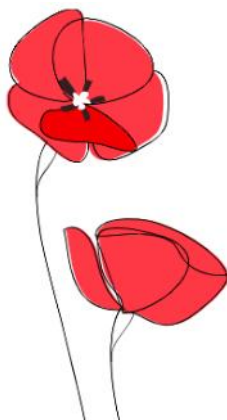
Our faith focus in November will be on the virtue of Peacemaking. During this month, we celebrate and remember the cost of peace. Specifically on the 11th hour of the 11th day of the 11th month, when Canadians pause and remember the thousands of men and women who sacrificed their lives fighting for freedom and democracy during the First World War, the Second World War and during our ongoing peacekeeping missions.

This is also a time to be thankful for the many blessings in our lives. We have a great school because of the partnerships between home and school which focuses on teaching the students to reach their goals and, through our collaborative efforts, support them in making their dreams a reality. And as a community, classroom learning is the priority. Assessment is an integral part of the teaching-learning cycle based on a range of instructional strategies that addresses the needs, abilities and learning styles of our students. We look forward discussing your child strengths and next steps during the upcoming parent-teacher interview conferences.

Let us continue to work together to celebrate and support the students in becoming resilient, peaceful, socially responsible global citizens.

Yours in partnership,

Kathy Banfield, Principal



November is **Albanian Heritage Month**, **Hindu Heritage Month** and **Lebanese Heritage Month**

A LOOK AHEAD ...

- Nov. 11: Remembrance Day
- Nov. 13: World Kindness Day
- Nov. 14: PA Day—No School
- Nov. 17-21: Bullying Prevention Awareness Week
- Nov. 20: National Child Day

November Calendar of Events for school specific activity dates posted on the [BSCS webpage](#).

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OCTOBER: GRATITUDE VIRTUE AWARD RECIPIENTS

Ms. Murphy/ Ms. Andonov Mason M.	Ms. Adam/ Ms. Gameiro Kiana A.G.	Ms. Grober Addison S.	Ms. Anreacchi Olivia Z.	Ms. Coulter Lia Q.
Ms. Sinclair Nicole J.	Mr. Cuneen Leila A.	Ms. Walker Andrew C.	Ms. Cassata Marna M.	Ms. Bustamante Ludo C.
Ms. Mazzei Lucca I.	Mr. Marchione Reese A.	Ms. Moro Agustin G.	Mme. Kudlik Sam P.	Mme. Albanese Lauren R.
Mme. Iannelli Emma P.	Ms. Parvu Jessica P.	THIS IS THE DAY, THE LORD HAS MADE. LET US REJOICE AND BE GLAD. ~ PSALM 118:24 ~		



SEPTEMBER: HOSPITALITY

OCTOBER: GRATITUDE

NOVEMBER: PEACE

DECEMBER: CHARITY

JANUARY: COURAGE

FEBRUARY: LOVE

MARCH: FORGIVENESS

APRIL: JUSTICE

MAY: COMPASSION

JUNE: FAITHFULNESS



November: Virtue of the Month

Criteria for the Virtue of Peace Making

- students who demonstrate calm and instill peace in others
- students who stay level-headed under pressure
- students who generously forgive others
- students who promote and practice conflict resolution
- students who engage in inner peace practices like meditation
- students who are actively involved in school activities related to promoting peace





REMEMBRANCE DAY CELEBRATION

We will come together to honor and remember those who have sacrificed on Tuesday, November 11, at 10:40 a.m. This time of gratitude, reflection, unity and respect will be student-led as we stand side by side to ensure that the legacy of courage and peace lives on through each of us. Students will be provided with a poppy and are asked in return to give a small financial donation which will support our veterans and their families.



Students are encouraged to bring their donations on Monday, November 10th. Donation envelopes will be sent home this week.

ANTI-BULLYING WEEK: NOVEMBER 10-14

During **Anti-Bullying Week, November 10 to 14**, our school will deepen our focus on individual actions that help build a community of kindness, respect, and understanding. Together, we'll learn about the important difference between conflict—when people have a disagreement but work it out fairly—and bullying, which involves repeated, intentional hurtful behavior. Lessons will also include discussions on how to talk about strategies for navigating conflict, standing up to bullying behaviors, and supporting one another to ensure our school continues to be safe and caring place for everyone. As we say to the children, you're either part of the solution or part of the problem!

**STOP
BULLYING**



	Monday, November 10: Odd Socks Day Help raise awareness that our individual differences are to be celebrated.
	Wednesday, November 12: Friendship Wednesday Raise awareness of the importance of healthy and respectful relationships with others.
ANTI-BULLYING SYMPOSIUM	Tuesday, November 18: Anti-Bullying Symposium Student representatives from grades 6 and 7 will attend a full day session offsite on learning and sharing strategies on how to ensure our school is inclusive and safe for everyone. The agenda will include presentations on mental health and safe schools. The



PROGRESS REPORT CARD AND PARENT–TEACHER CONFERENCES

The Progress Report reflects your child's advancement toward meeting both overall and specific curriculum expectations. Summative achievement assessments will be provided in the first and second-term report cards issued in February and June. Additionally, the development of Learning Skills will be reported for each term. **The Progress Report Card will be sent home with students on Monday, November 10, 2025.** Help us save a tree and return the envelope which will be reused for February and June reports.



We value ongoing communication about student achievement, which extends beyond the **three formal reporting periods in November, February, and June.**

Please feel free to contact your child's teacher at anytime to discuss their ongoing progress.

PARENT–TEACHER INTERVIEWS – BOOK ONLINE

Parent-Teacher interviews will be held on **evening of Tuesday, November 11, and Thursday, November 13.** The online schedule will remain open until Sunday, November 9th, at 11:59 p.m. We look forward to celebrating your child's strengths and next steps. To book an interview time, log in to the booking [portal](#) using password **2classroom** to schedule a time. Please do not book back to back appointments to accommodate travel time.

BSCS SPIRITWEAR UPDATE

Thank you for your September Spiritwear orders! Student orders were delivered to classrooms on Monday, September 29th. Upcoming Spiritwear order windows include:

- **November 17 – December 1, 2025**
- **February 23 – March 9, 2026**

Be sure to mark your calendars! The online store will be open for two weeks during each window. The November ordering period is a great opportunity to pick up winter weather essentials. Please remember to include the student's name and teacher when placing your order, this is essential for smooth classroom delivery.

Questions or Need Help?

Your Spiritwear Coordinators are happy to assist:

- Shannon Doyle Raffoul – s.doyle.raffoul@gmail.com
- Kaitlyn Leeb – kaitlynleeb@gmail.com

For order-specific questions, please contact Emma at Canadian Custom Apparel: emma@canadiancustomapparel.com





COLD WEATHER & APPROPRIATE ATTIRE



As the temperatures begin to drop, it's important that students come prepared to enjoy all school activities—especially outdoor recess. To ensure comfort and safety, please make sure your child is dressed appropriately for colder weather. This includes wearing a warm coat, hat, boots, and mittens or gloves.

Thank you for helping us keep our students active and comfortable throughout the season!



INDOOR SHOES

To help maintain a clean learning environment, we kindly ask that each student bring a pair of indoor shoes to school. For safety reasons, indoor footwear must be closed-toe and provide proper support—socks, sandals, and crocs without ankle support are not suitable, as they increase the risk of injury both indoors and outdoors.

As we approach the snowy season, we also recommend packing extra socks and pants in your child's backpack to ensure they stay warm and dry throughout the day.



PIZZA LUNCH—VOLUNTEERS NEEDED!

Pizza Lunch occurs every Monday—unless it's a holiday, in which case it moves to Tuesday. It's a student favourite and a fun way to kick off the week!

We need your help!

Volunteers are needed **every week** to help distribute pizza across all classes from **JK to Grade 8**. It only takes **20 minutes** of your time, and it makes a big difference! More volunteer slots are available—please sign-up via [Sign Up Genius: Pizza Lunch.](#)

If you have any questions, feel free to reach out to us at [**bscspizzalunch@gmail.com**](mailto:bscspizzalunch@gmail.com).

Thank you for your support!
—The Pizza Lunch Team



FOOD ALLERGIES – BIRTHDAYS & CELEBRATIONS

To help maintain a safe environment for all students, especially those with allergies, **please do not bring any food containing nuts, peanuts, peanut by-products, or peanut oil** into the school.

For birthdays and other celebrations, we encourage **non-food alternatives** such as:

- Small toys
- Pencils or crayons
- Stickers
- Party hats
- Loot bags with 1–2 small items



BSCS Cross-Country—What a Season!

The BSCS Cross Country team had an amazing 2025 season! We had over 80 dedicated athletes who trained daily developing not only their physical strength and endurance, but also their resilience, discipline, and camaraderie. Our Divisional Meet started our competitive season off, where we placed 2nd overall and qualified 52 runners for the Regional Championship. The team placed 2nd at the Regionals, qualifying 20 runners for the City Championship.

Honourable mentions go to the following runners who placed in the top 10 at the Regionals: Ava S.M. (2nd), Violet D. (3rd), Philippe N. (3rd), Victoria J. (5th), Rosalyn H. (5th), Ludo C. (6th), Lia L. (6th), Sophia E. (7th) and Victoria C. (9th)

Special congratulations to Ava S.M. who placed 6th at the City Championships!

A huge thank you to all of our parent volunteers, who helped with training and park set up! Your support has been invaluable! To the staff - Ms. Camp, Mr. Qubti, Ms. Cassata, Mrs. Walker, & Mrs. Coulter – for making it all happen.

Finally, thank you to all the team members whose dedication and work ethic produced amazing results and many personal bests! Our team members were: Patrick D., Francesco F., Wyatt F., Graydon I., Henry J., Ethan K., Charles M., Jacob M., Zayne O., Xavier R., Kate B., Valentina B., Emily I., Alyssa L., Lia L., Emma R., Dominik C., Ludo C., Jack F., Nicholas F., Mason H., Cooper J., Tyler K., Alexander S., James S., Grace B., Violet D., Sophia E., Victoria J., Helena K., Avery L., Capri Rose R., Genevieve R., Natalia S., Ela S., Aulden A., Luke B., Christopher C., Oliver C., Oliver M., William M., Philippe N., Matias R., Hunter T., Avia A., Penelope C., Charlotte D., Charlotte G., Rosalyn H., Claire I., Audriana P., Ella P., Lauren R., Ario M., Graham M., Max M., Sam P., Jay S., Teddy S., Thatcher S., Lino W., Victoria C., Abby G., Seren K., Jessica L., Leah M., Abigail T., Andrew C., Kieran C., James F., Logan L., Stefan P., Luke T., Marcus V., Isabella F., Gabriella G., Amanda M., Emma P., Ava P., Ava S.M., Summer S.P., Conner M., Conor M. and Ian Jo T.





BSCS SPORTS



JUNIOR FLAG FOOTBALL

The **Grades 5 and 6 Flag Football Team** proudly represented our school at an **invitational tournament hosted by St. Michael's College School**. Their dedication and teamwork truly shone on the field! After weeks of early 7:30 a.m. practices, their hard work paid off. They demonstrated impressive skill and determination throughout the day, finishing with an outstanding second-place win!

A huge thank you to our coaches, **Mr. Kowlik, Mrs. Mazzei** and **Ms. Moro** and each of the team members who proudly represented our school: Julian B, Victoria C, Serena G, Matthew G, Maitland H, Austin K, Mila M, Max M, Rory M, Graham M, Leah M, William M, Philippe N, Brendan O, Sam P, Thatcher S, Athena S, Teddy S and Lino W.



INTERMEDIATE FLAG FOOTBALL— FOUR GAMES, FOUR WINS!

Congratulations to our **Grade 7 and 8 Flag Football Team** on an outstanding performance at the Divisional Flag Football Tournament held at **Our Lady of Fatima School** on **Monday, October 27th!**

They played with determination, teamwork, and school spirit—winning **all four of their games!** They will now be attending the city finals scheduled for Monday, November 3. We are so proud of their effort both on and off the field.

A big thank you to our amazing coaches, **Ms. Moro, Mrs. Mazzei, and Mr. Kowalik**, for their time, guidance, and encouragement throughout the season. Way to go, team - Reese A, Mia B, Qhyle B, Kieran C, Samuel C, Jasper G, Ethan K, Marcus L, Sebastian L, Conor McD, Connor McK, Oliver M, Jessica P, Ava S, Violette S, Abby S, Cecilia T, Sammy T, Ian T, Marlowe T and Ben W - you've made our school proud!





BSCS Annual WALKATHON Fundraiser

On October 16, 2025, our school community came together for the 26th annual Walkathon and what a day it was! Students, teachers, and volunteers laced up their sneakers and showed up with incredible spirit and generosity. Thanks to your unwavering support, we raised an outstanding **\$30,324**.

This wonderful community's contributions help fund programs and experiences not covered by the school board, including:

- STEAM initiatives & Scientist in the School
- Musical instruments & athletic equipment
- Classroom laptops & Math Up
- Bursaries for field trips & graduation celebrations
- The Halloween dance, mental health initiatives, and much more.

Whether you volunteered your time, donated raffle prizes, or contributed funds, your efforts made a meaningful difference. Thank you for helping us enrich our students' learning and create a vibrant, inclusive school community.

We couldn't do it without you!





SPRING SOCIAL 2026 IS HERE!



Calling All Volunteers for the BSCS Spring Social!

The Spring Social is BSCS's biggest and most exciting adult-focused fundraiser — an evening filled with laughter, dancing, and great company!

We're looking for enthusiastic volunteers to help bring this unforgettable night to life. There are plenty of ways to get involved, so sign up today!

Volunteering is a fantastic way to meet new people, make an impact, and be part of one of the best events of the year.

Intrigued? Email us at bscsgala@gmail.com and we'll send you an invite to our kickoff meeting after parent interviews on **November 13th at 7:30 p.m.!**

Let's make this Spring Social one to remember!



UNPLUGGED CANADA PLEDGE UPDATE

We are at almost 60 pledges for BSCS students, from kindergarten through to Grade 7. Join us and help decrease the social pressure on our kids to have a smartphone. You can sign the pledge [here](#).

Pledges by grade as of mid-October:

GRADE	PLEDGES SIGNED	GRADE	PLEDGES SIGNED
JK/SK	3	Grade 4	3
Grade 1	2	Grade 5	24
Grade 2	6	Grade 6	2
Grade 3	14	Grade 7	1



Sign the Pledge Today!



VOLUNTEER OPPORTUNITIES

Kiss N Ride is our morning drop-off program and we have a great need for volunteers! Please consider volunteering if you are able. Volunteers help with drop-off each morning from 8:10 am to 8:30 am (program starts at 8:15). Show up, grab a yellow safety vest from just outside the main door, and meet in front of the JK/SK yard. The program needs 2 volunteers each morning. If you would like to be part of the email communications about the program, please contact program coordinator Deb Hutton at debhutton22@gmail.com or 416-662-4758. [Sign-up](#)

Pizza Lunch resumed October 20 and will run every Monday (Tuesday after a holiday Monday) until the end of June. 1 volunteer is needed each week for our JK/SK to Grade 6 classes. 11:10 to 11:30am. [Sign-up](#)

If you have questions about volunteering, please contact Heather Lannigan, BSCS Volunteer Coordinator at heatherlannigan@hotmail.com.



Thank You

Thank you to the many volunteers who have helped kick-off our 2025/2026 volunteer year!

In this newsletter we are recognizing and thanking the volunteers who assisted with
Cross Country and Walkathon.

Cross Country: Grateful to the dedicated volunteers who helped monitor the running route to ensure the safety of our students during training. Congrats to all the participants!! Thank you to the following volunteers: Barbara Bokodi, Daniella Iamonaco, Hugh Devlin, Kaitlyn Leeb, Laura McElwain, Nancy Nikolakakos, Nicole Visca, Peter Ferguson, Shannon Doyle Raffoul, Stephanie Turner, Steve Ilkiw and Theresa Devlin.

Walkathon: A big thank you to this year's Co-Chairs Ada Maxwell-Alleyne and Nadia Bucciarelli Mari for the countless hours they dedicated to making the 26th Annual Walkathon a huge success! Additionally we had close to 45 volunteers to help ensure this event was safe and fun – thank you: Alanna Charles, Alexandra Snell, Anessa Bailey, Bianca Pamela Sanchez, Christine Grabowski, Cynthia Zeemel, Enza Giordano, Erin Jackson, Eunice Kidd, Frances Salvaggio, Heather Lannigan, Helen MacDonald, Irene Leonardo, Jenn Duggan (Hummel), John Parente, Kaitlyn Leeb, Karen Pefanis, Kate Schultz, Kelly Schultz, Katie Cheevers, Laura McElwain, Lucy Li Forma, Marisela Navarro, Martha Salazar, Mary Yaacob Michael, Michal Nalepka, Nancy Ahmad, Nancy Nikolakakos, Nicole Garcia, Nicole Visca, Nora Hayani, Pablo Kimos, Pamela L, Patricia Vera-Vassallo, Rolando Salazar, Sarah Drumm, Sergei (Rusk) Sidorov, Shannon Doyle Raffoul, Steve Litsas, Tiffane Wang, Tiffany English, Tiziana Piccinni, Tristin Carter, Vera Favila Morais, Nardeen Haddad.

Did we miss anybody? If you know of someone who is volunteering in the initiatives above but was not mentioned, please let [Heather](#) know!



SPELLING BEE OF CANADA CONTEST

Spelling Bee of Canada™ is a grassroots organization promoting youth literacy since 1987. Their goal is to encourage young people to expand their:

- Vocabulary;
- Communication skills; and
- Self-confidence.



Every year, thousands of children between the ages of 6 and 14 participate in their annual spelling bee competitions across Canada. Participation is voluntary and extracurricular. All students who register receive a study guide with the official words, the opportunity to compete in their chapter's spelling bee in person, a Certificate of Participation, and the chance to win a monetary prize and medallion to commemorate their achievements.

Age Categories (*Age as of December 31, 2025):

- Primary: Ages 6-8* (Born 2017-2019)
- Junior: Ages 9-11* (Born 2014-2016)
- Intermediate: Ages 12-14* (Born 2011-2013)



Program Benefits:

- Improve your English skills in spelling, comprehension, creativity, and communication.
- Build self-confidence by interacting with peers.
- Experience public speaking & critical thinking.

Registration is open until December 31st, 2025, and the registration fee is approximately \$60.00 per child.

How to register?

Parents/Guardians/Caregivers can register for the 2025-2026 Spelling Bee Competition online [here](#).

For more information, please email competitions@spellingbeeofcanada.ca or visit their [FAQ](#) site.

LEVEL UP! SKILLED TRADES CAREER FAIR

Open to parents, guardians and students in Grades 7 to 12.

Level Up! is a series of career fairs highlighting more than 140 skilled trades, from electricians to boilermakers. Career Fairs will be held throughout the province until November 28, 2025.



To learn more, please visit the [Level Up! webpage](#).



LET'S GO BLUE
JAYS!





November 2025



LEGACY 2026—100 YEAR ANNIVERSARY

Next year marks the 100th anniversary of Blessed Sacrament Parish! Exciting plans are underway, so be sure to save the date. Join us for the Blessed Sacrament 100th Anniversary Gala on Saturday, April 25, 2026.

YOUTUBE CHANNEL

For BSCS school masses, parents join to participate virtually via the Blessed Sacrament's Church [YouTube channel](#).



FLOCKNOTE— A NEW WAY TO GET PARISH UPDATES

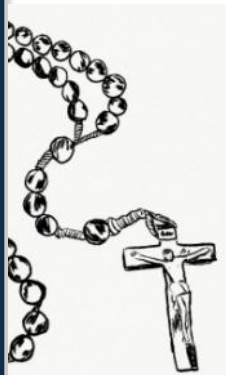
BlessedTO Flocknote is the newest way to have Blessed Sacrament Parish updates sent directly to your email inbox. Sign-up today, by registering [here](#).



E-BULLETIN

Keep in touch with the Parish via text by registering for their e-bulletin. Text 'Digital' to 514-900-0130,

CHILDREN'S LITURGY



Children's liturgy classes have begun at the Blessed Sacrament Parish. This program runs for 20 minutes during the 10:00 a.m. Sunday mass and is for school aged children (JK to Grade 2). Registration forms can be found in the Loretto Room. The cost per child is \$20.00. For more information, please contact Joanne Whyte at jwhyte@archtoronto.org.





TCDSB 2025-2026 SCHOOL YEAR CALENDAR

The following chart lists school holidays, Professional Activity (PA) days, and other key dates for the 2025-2026 school calendar year of the Toronto Catholic District School Board (TCDSB).

Number of School Days	194
PA Day: Parent-Teacher Conferences	November 14, 2025
Christmas Break	December 22, 2025 - January 2, 2026
PA Day: Assessment, Evaluation and Reporting	January 16, 2026
PA Day: Parent-Teacher Conferences	February 13, 2026
Family Day	February 16, 2026
Mid-Winter Break	March 16-20, 2026
Good Friday	April 3, 2026
Easter Monday	April 6, 2026
Victoria Day	May 18, 2026
PA Day: Assessment, Evaluation and Reporting	June 5, 2026
Last Day of Classes	June 25, 2026
PA Day: Provincial Education Priorities	June 26, 2026





TORONTO CATHOLIC DISTRICT SCHOOL BOARD 2025-2026

Source: TCDSB

On Friday, June 27, 2025, the Minister of Education placed the TCDSB [under supervision](#). While under supervision, all decisions that would normally be made by trustees, with the exception of denominational matters, will now be made by the appointed Supervisor, Mr. Frank Benedetto. Parents and guardians are asked to begin by addressing school-related matters at the school level.

For more information on how to address school-related concerns, please visit the TCDSB [Student / School Related Concerns](#) page.

CATHOLIC PARENT INVOLVEMENT COMMITTEE MEETING

This is a public session held by the TCDSB. Please [click here](#) to view the meeting agenda. Agendas will be posted 120 hours or 5 days prior to each meeting.

Date: November 10, 2025

Time: 7:00–9:00 p.m.

Location: CEC Boardroom (2nd Floor) 80 Sheppard Ave East, Toronto, ON, M2N 6E8



CSPC—CONNECT WITH US!

There are many ways to connect with the Blessed Sacrament Catholic School Parent Council (CSPC):

- Reach out anytime with questions, comments, or concerns at: blessedsacramentcspc@gmail.com.
- Stay in the loop with our **weekly email updates, The Buzz**, featuring the latest school news.
- Visit our [website: blessed sacrament cs.com](http://www.blessedsacramentcs.com) for a wealth of information on school programs, events, and resources.
- Check out our **monthly newsletters** for key dates, highlights, and upcoming activities.
- Join our **private Facebook Group** for real-time updates and community discussions.
- Attend our **monthly CSPC meetings** to hear important school updates, share your voice, and participate in decisions that shape our school.

We welcome and value your involvement—thank you!

CONTACT INFORMATION

Blessed Sacrament School:

Office phone: 416-393-5225

Principal: Kathy Banfield

Vice Principal: Karl Leitmann

Website: www.blessedsacramentcs.com



Blessed Sacrament Parish:

Office phone: 416-481-2256

Father Larry Marcille

Address: 24 Cheritan Avenue

Website: www.blessedsacramenttoronto.ca

BSCS Newsletter Team:

Daniela Saldias-Rocha & Jennie Lopes

Please send submissions for the **December 2025** Newsletter to bscs.newsletter@gmail.com by **November 21, 2025**.

If you require an accessible version of this newsletter, please email bscs.newsletter@gmail.com.