



# Blessed Sacrament Newsletter

## PRINCIPAL'S MESSAGE

Happy New Year, and welcome back! I hope you and your loved ones enjoyed a blessed Christmas season filled with peace, joy, and renewal. January is a time for fresh beginnings, an opportunity to set meaningful goals and work together toward growth and success in the year ahead.

As we journey through this new year, we reflect on this month's virtue of courage—a quality rooted in our faith and strengthened through practice. Life often presents us with challenges, whether in the form of new beginnings or unexpected obstacles. Our school encourages students to approach these moments with resilience, reminding them that mistakes are opportunities for learning and growth. With the guidance of caring adults—both at home and here at school—they can confidently face life's hurdles, knowing they are never alone.

Peer pressure can be a significant challenge for our children. It is not always easy for them to make the right choices, especially when they fear rejection or exclusion. As a community, we aim to create an environment where students feel empowered to speak up when needed and distinguish between helpful reporting and unnecessary tattling. In doing so, we foster a safe and respectful space where everyone can thrive.

Wishing you and your families an excellent start to the new year filled with blessings and hope.

Yours in Catholic Education,

R. Agostino R. Rego  
School Administration Team

### PARENT VOLUNTEERS NEED TO SUPERVISE AT LUNCHTIME

We are looking for parent volunteers to help supervise students during lunch from 11:15 a.m. to 12:15 p.m. If you are interested in volunteering one or more days per week, please get in touch with the Principal [Riccardo.Agostino@tcdsb.org](mailto:Riccardo.Agostino@tcdsb.org).



### A LOOK AHEAD ...

- Jan 1 New Years Day
- Jan 6 Epiphany of our Lord
- Jan 6 Back to School
- Jan 15 Dr. Martin Luther King Jr. Day
- Jan 17 PA Day
- Jan 22 2025/2026 Kindergarten Registration Opens
- Jan 22 Fire Safety Presentation
- Jan 27 Family Literacy Day
- Jan 28 Jr. Boys Soccer Tournament
- Jan 30 Jr. Girls Soccer Tournament
- Feb 4 Grade 7 & 8 Ski Trip
- Feb 5 Grade 5 & 6 Ski Trip
- Feb 14 PA Day
- Feb 17 Family Day

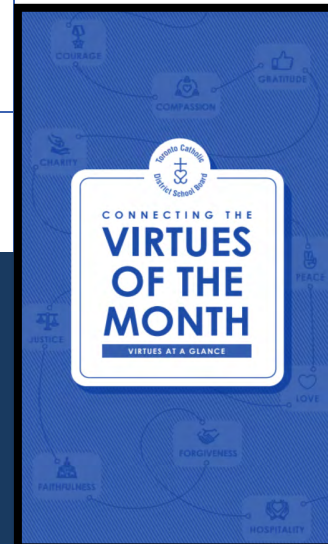
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### December Charity Virtue Award Recipients

<b>ELP</b> Zara A. Thomas C. Valerie J. Matteo F.	<b>Grade 1</b> Leon O. Isabella B.	<b>Grade 1/2</b> Charlotte S, Alexandra J.	<b>Grade 2</b> Clarissa K. Ethan K. Mira C. Lia L.	<b>Grade 3</b> Ludo C. Isla Rayne O. Grace B. Alexander S.
<b>Grade 4</b> Claire I. Adam K. JJ F. Audrey P.	<b>Grade 4/5</b> Vanessa L. Anthony D.	<b>Grade 5</b> Adrien V. Matthew D.	<b>Grade 6</b> Ariana A. Melinda D. Aidan M. Samuel C.	
<b>Grade 7</b> Jessica P. Abby S. Connor M.	<b>Grade 8</b> Emmeline M. Emilia B. Anneleh A. Katelin S.			



- SEPTEMBER: HOSPITALITY
- OCTOBER: GRATITUDE
- NOVEMBER: PEACE
- DECEMBER: CHARITY
- JANUARY: COURAGE**
- FEBRUARY: LOVE
- MARCH: FORGIVENESS
- APRIL: JUSTICE
- MAY: COMPASSION
- JUNE: FAITHFULNESS

VIRTUE OF THE MONTH  
**JANUARY**

**COURAGE**

*"Do not be afraid, for I am with you."* ISAIAH 41:10

#### Criteria for the Virtue of Courage Award

- students who confront fear
- students who persevere despite difficulties
- students who stand up against bullying and mistreatment of others
- students who embark on new projects/ are willing to try and learn new things





# Christmas Concert

On the evening of December 10th, a memorable Christmas concert where our talented students delivered exceptional performances, beautifully capturing the spirit of the season.

We extend our heartfelt thanks to Father Larry for welcoming us into this sacred space, a setting that perfectly captures the spirit of the season. A special thank-you to Ms. Myrna Hentrich, the church office administrator, and Ms. Joanna Manturowicz, our youth minister, for their invaluable behind-the-scenes support in organizing our school Masses and special events like this one.

A special acknowledgment goes to our dedicated music teachers, Ms. Keem and Ms. Raposo, whose leadership and meticulous planning brought this year's concert to life. We also thank Ms. Magnus and Mr. Qubti for their unwavering support throughout the event and Ms. Parvu, whose piano accompaniment added a touch of magic to the performances.

To all of our devoted staff—thank you for your hard work behind the scenes, ensuring our students had the time and encouragement to rehearse and shine on stage. Your dedication to nurturing their talents and creating memorable experiences is genuinely appreciated.







January 2025

**BSCS Christmas  
Wish Drive**

*Thank You*  
for your generosity!

Thanks to your incredible kindness we were able to share a total of **\$3,470** with two schools, St. Francis De Sales and St. Jane Frances.

Thanks to your kindness children will receive **159** much needed hats, scarves gloves and socks!



January 6, 2025

Attn: CSPC of Blessed Sacrament Catholic School

To Mr. Agostino and Chair of CSPC for Blessed Sacrament:


I hope this letter finds you well. On behalf of St. Francis De Sales Catholic School, I am writing to extend our deepest gratitude for your generous monetary donation of \$1735 on December 18<sup>th</sup>, 2024. Your support means the world to our students, and the broader school community.

Your contribution is already making a significant impact. Because of your generosity, we were able to provide 17 families with gift cards to Walmart to ease the financial stresses during Christmas or experiencing food insecurity.

Thank you once again for your kindness and support. We are incredibly grateful for your generosity for the families in our school community. If you have any questions or would like to know more about how your donation was used, please do not hesitate to reach out.

Wishing you all the best and a healthy and prosperous new year!

God bless,

  
Sandra La Selva  
Principal



January 6th, 2025

Dear Mr. Agostino & Blessed Sacrament CSPC,

On behalf of St. Jane Frances Catholic School, I am writing to say thank you for your generous donation. Your contribution has made such a meaningful difference to our school community by helping support our neediest families. We were able to use your contribution to provide these families with gift cards to Walmart to ease the financial stress during the Christmas holidays. We are humbled for your kindness and generosity and want to thank you for exemplifying our mission as Catholics to support and serve others. It is truly appreciated.

Thank you,

*Ryan Vlasschaert*  
Principal







January 2025

# GRADES 1 AND 2 AT WORK!







January 2025

# LET'S GO SKATING!







January 2025



# GRADE 4s AT THE VILLAGE AT BLACK CREEK







## WINTER WEATHER REMINDER: STAY WARM AND PREPARED!

We strongly encourage students to come to school each day dressed appropriately for outdoor activities, particularly during regularly scheduled recess periods. This includes wearing winter coats, appropriate footwear, and warm accessories such as hats, gloves, or mittens.

Our school prioritizes outdoor recess throughout the school year, as fresh air and physical activity are essential for our students well-being. Exceptions are made only in cases of rain or extreme cold, at which point recess may be shortened or held indoors.

To help maintain cleanliness and comfort, students must have designated outdoor footwear for recess, to be worn exclusively outside, and separate indoor footwear for classroom use.

Thank you for ensuring your child is prepared for winter conditions, allowing them to stay warm, active, and ready to learn!



### Pizza Lunch Update

Pizza lunch continues every Monday (except for holidays when it moves to Tuesday)!

**Volunteer Call out! Volunteer Call out!**

**A BIG thank you to all the volunteers who have already pitched in and signed up to help!**

Pizza Lunch Volunteers are needed EVERY WEEK!

As a reminder, volunteers are needed for ALL classes JK through to Grade 8.



More volunteer slots are available. It only takes 20 minutes. To help, please see Sign Up Genius, [Pizza Lunch](#).

For more information, please contact [bscspizzalunch@gmail.com](mailto:bscspizzalunch@gmail.com)

### SKI TRIP!

Grades 7 & 8      February 4th

Grades 5 & 6      February 5th







## INCLEMENT WEATHER PROTOCOL

The Inclement Weather Protocol may be activated if Environment Canada predicts adverse weather conditions, such as ice, significant snowfall, poor visibility, or frigid temperatures. If needed, the Toronto Student Transportation Group (TSTG), the Toronto Catholic District School Board (TCDSB), and the Toronto District School Board (TDSB) teams will evaluate and monitor the situation overnight and into the early morning to decide on any necessary bus cancellations.



**Bus cancellation decisions will be made by 6:00 AM.**



### EXTENDED FRENCH INFORMATION SESSION FOR PARENTS/GUARDIANS OF GRADE 4 STUDENTS MONDAY JANUARY 13, 2025.

Blessed Sacrament offers the Extended French Program from Grades 5 to 8. Students learn French as a subject, and French serves as the language of instruction in social studies, history, geography, physical education, health and visual arts. Instruction is provided in French for approximately 50% of the total instructional time until Grade 8 graduation.

An in-person information presentation will be provided to interested parents and students currently in Grade 4. Parents/guardians are asked to register using the following link if they plan to attend the information session:

[Attendance to the Blessed Sacrament Gr. 5 Extended French Program Information Night](#)



## Why Lunchbox by SchoolCash Online?



**Quick & Easy For Parents**  
Simply select from the menu and place your order weekly, monthly or for the entire school year.



### Healthy For Kids

There's a great selection of kid's favourites and all menu options meet the Ministry of Education's nutritional requirements.



### Good For Schools

A portion of the proceeds from each order benefits your school's fundraising efforts.





## SCHOOL REGISTRATION FOR THE 2025-2026 SCHOOL YEAR



Registration for the 2025-2026 school year starts on January 22, 2025 starting at 10:00 a.m. Applications entered before the above start time are considered for the current school year (2024-2025) and are invalid for September 2025.

Registration is complete when all of the following is done:

- A complete application has been submitted to the school.
- A meeting with school personnel has taken place.
- All documentation has been submitted and validated by the school.
- The family has been informed by the school that the registration is complete and the child is pre-registered for the school year.



Children born in 2021 are eligible to attend Junior Kindergarten in September 2025 (must be four (4) years old by December 31, 2025).

For Senior Kindergarten, children must be five (5) years old by December 31.

Junior Kindergarten is not mandatory; however, your child will be placed age-appropriately the following year into Senior Kindergarten.



## VOLUNTEERS NEEDED FOR THE FOLLOWING

- Lunch Box:** Help distribute Lunch Box (hot lunch orders). Volunteers are needed Tuesday – Friday from 11:00 – 11:30 am. Sign-up or learn more at [Lunch Box](#).
- Kiss ‘N Ride:** The morning drop-off program that keeps our kids safe. Volunteers are needed for 20 minutes from 8:10 – 8:30 am. Program runs daily. Sign-up for a shift or two at [Kiss N Ride](#).
- Pizza Lunch:** Volunteers are needed to hand out pizza to a class, usually on Mondays from 11:10 – 11:30 am. Volunteers needed for all grades: JK – Grade 8. Sign-up at [Pizza Lunch](#)



If you are having difficulty signing up or have questions, please email [Heather](#), Volunteer Coordinator.



Thanks in advance for your participation!





thank you  
♥

**We asked, and you delivered!**  
**A heartfelt thank you for the incredible volunteerism at our school in December!**

**Holiday Helpers:** Loads of activity just prior to the December holidays: Winter Warmth Tree, Gift Card Contributions, Gingerbread House and so much more! Special thanks to – Wendy Abbott-Serroul, Bianca Pamela Sanchez and Alexandra Snell for their work coordinating these holiday activities.

**Lunch Box:** Thank you to the volunteers who helped to distribute lunch box orders in December including: Wendy Abbott-Serroul, Estelle Gorby, Joanne Hung, Carla Nichols and Bianca Pamela Sanchez.

**Pizza Lunch:** Thank you to Estelle Gorby (program coordinator) and the Pizza Committee (Enza Giordano, Kate McKenna, Tarra Miller and Cynthia Zeemel) for their weekly leadership running this program! We also thank the many class pizza distributors from December including: Andrew Alleyne, Laura Arata, Korinna Azreiq, Gillian Bayko, Barbara Bokodi, Anita Budzilo, Tristin Carter, Angel Charlesworth, Beatriz Da La Cuadra, Deirdre Durieu, Laura Gardonio, Michelle Gaudon, Rebecca Gladdy, Christine Grabowski, Nardeen Haddad, Joanne Hung, Eunice Kidd, Mark, L, Pamela L, Laura Laudadio, Kaitlyn Leeb, Nadia Mari, Ada Maxwell-Alleyne, Iván Muñoz, Marisela Navarro, Nancy Nikolakakos, Allison O’Connell, Daniela Saldias, Frances Salvaggio, Bianca Pamela Sanchez, Lesley Tenaglia, Laura Tsang, Nadina Vanden Hoven, Juliet Villagaray, Tiffane Wang, Camila Widowsky Ribeiro.

**Kiss n Ride:** Thank you to Deb Hutton for her terrific work serving as program coordinator. Rain or shine, Deb and her wonderful team of volunteers are helping to keep kids and traffic moving every morning. Thank you December volunteers: Susan Baker, Gillian Bayko, Justyna Cianffarani, Adriana Gabriel, Enza Giordano, Estelle Gorby, Miller Hudak, Deb Hutton, Jaime Lui, Adam MacMillan, Laura McElwain, Nadia Medalla, Sara Sharifpoor, Maria Valderrama, Nadina Vanden Hoven

*Did we miss anybody? If you know of someone who is volunteering in the initiatives above*

### FOOD ALLERGIES BIRTHDAYS & CELEBRATIONS

Food products containing nuts, peanuts, peanut by-products and/or peanut oil are **not** to be brought into the school.

Additionally, for birthdays and other celebrations, consider alternatives to food items such as small toys, pencils, stickers, crayons, a small loot bag (with 1 or 2 items), or party hats.



### IT'S FLU SEASON!!

#### TORONTO PUBLIC HEALTH TIPS FOR AVOIDING THE SPREAD OF FLU AND OTHER VIRUSES:

- Get your flu shot
- Wash your hands often
- Cover your cough/sneeze
- Do the knuckle bump instead of shaking hands
- Stay home if you are sick







**TORONTO CATHOLIC DISTRICT SCHOOL BOARD TRUSTEES 2024 - 2025**



Ward

1.	Joseph Martino	416-512-3401
2.	Markus de Domenico (C)	416-512-3402
3.	Ida Li Preti	416-512-3403
4.	Teresa Lubinski	416-512-3404
5.	Maria Rizzo	416-512-3405
6.	Frank D'Amico,	416-512-3406
7.	Michael Del Grande	416-512-3407
8.	Garry Tanuan	416-512-3408
9.	Kevin Morrison (VC)	416-512-3409
10.	Daniel Di Giorgio	416-512-3410
11.	Angela Kennedy	416-512-3411
12.	Nancy Crawford	416-512-3412

Student Trustees :

JoyGold Goodluck	416-512-3417
Ruben Da Silveira	416-512-3413

**CONTACT & INFORMATION**

**Blessed Sacrament School:**

Office phone: 416-393-5225  
 Principal: Mr. R. Agostino  
 Vice Principal: Ms. R. Rego  
 Executive Superintendent: Shawna Campbell  
 Trustee: Maria Rizzo (Ward 5)



Website: [www.blessedsacramentcs.com](http://www.blessedsacramentcs.com)  
 Twitter: @BSCSchool

**Blessed Sacrament Parish:**

Office phone: 416-481-2256  
 Father Larry Marcille  
 Address: 24 Cheritan Avenue

Website: [www.blessedsacramenttoronto.ca](http://www.blessedsacramenttoronto.ca)

Please send submissions for the **February 2025** Newsletter to [bscs.newsletter@gmail.com](mailto:bscs.newsletter@gmail.com) by **January 24, 2025**.